



19 March 2021

# HPD MARKET REPORT

**Dear Chefs & Proprietors,**

We at Harvested Produce Delivered hope you and your families have been keeping safe so far this year. With summer now officially over, please see below for what's in season in early Autumn.

## WHAT'S NEW IN SEASON

Blood Limes, Blood Oranges, Brown Coconut, Chestnuts, Custard Apple, Dragonfruit, Figs, Finger Limes, Gherkins, Nectarines, Peaches, Persimmons, Pomegranates, Pomelo, Rambutan, Rappe, Rhubarb, Salsify, Starfruit, Stinging Nettle, Tamarillo, Taro Root, Tomatillo, Yellow Beans, Yellow Teardrop Cherry Tomato & Yellow Witlof

## WHAT'S IN GOOD SUPPLY?

### **FRUIT**

Apples, Blueberry, Coconut, Grapes, Grapefruit, Honeydew, Jackfruit, Kiwifruit, Lemons, Limes, Lychees, Nectarines, Papaya, Peaches, Pears, Plums, Rockmelon, & Watermelon

### **VEGETABLES**

Asparagus, Avocado (Shepard variety), Beans, Beetroots, Brussel Sprout, Cabbage (White & Red), Capsicums, Carrots, Celery, Corn, Cucumbers (including Telegraph), Eggplant, Fennel, Kale, Leeks, Lettuces (Cos & Iceberg), Onions, Potatoes, Pumpkins (all varieties), Snowpea, Tomatoes (all varieties, incl. Truss & Cherry), Wombok & Zucchini

## WHAT'S IN SHORT SUPPLY?

Bananas, Broccolini, Cauliflower, Edible Flowers, Passionfruit & Snowpea Tendrils

## PETITE PUNNET'S

Chopped micro herbs (100g & 500g punnets), Seasonal Mix, Red Vein Sorrel, Confetti Coriander, Bronze Fennel, Petite Red & Green Cos, Bulls Blood Chard, Salad Burnet, Garlic Kale, Wasabi Mustard Leaf, Upland Cress, Pizzo, Golden Endive, Lebanese Cress, Mizuna Red, Red Elk, Hot Mustard Mix, Variegated Nasturtium, Sheep Sorrel, Chervil Tips, Dandelion, Red Lace, Watercress Tips, Yarrow Leaf, Woodland Sorrel, Yuuki Mix (Japanese Blend), Amaranth, Bi-Shiso, Bleeding Garnet & Green Elk.

## BABY VEGETABLES

Finger Fennel, Dutch carrots, Heirloom baby Dutch carrots, French Radish, Pencil Leek, Blush Turnips, Amsterdam, Paris & Rainbow Baby Carrots & Japanese Turnips.

## EDIBLE FLOWERS

Mixed Linaria, Elderflower, Mixed Johnny Jump Ups, Mixed Violas, Large Mixed Flowers, White Alyssum, Petite Mixed Flowers, Mixed Pansy's or Individual Colours, Confetti Coriander Flowers, Dianthus, Marigolds, Marigold Petals & Nasturtium Flowers.

## SALAD MIX

Tatsoi, Petite Panache, Gold Mix, Asian Cress, Seasonal mix, Italian mix, Finesse & more.

## AUSTRALIAN NATIVES

Rock Samphire, Ice Plant, Native Sea Parsley, Karkalla (beach succulent), Sea blight, Warrigal Greens, Saltbush and Pepperberry (Dried), Native Basil, Native Thyme & Finger limes.

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